The European Biophysical Societies’ Association (EBSA) arranges congresses to promote biophysical sciences in Europe. This time the congress was held in Budapest, the beautiful capital of Hungary, and it was co-arranged by the EBSA, the Hungarian Biophysical Society and the Eötvös Loránd University. About 800 scientists sharing an interest for biophysics participated in this congress, which was composed of high-quality plenary lectures, three parallel sessions with varying research topics, and of course the poster sessions. The topics of the sessions covered e.g., single molecule biophysics, photosynthesis, molecular motors, and computational biophysics and simulation. The most interesting sessions for me were the membrane structure, the membrane lipids, microdomains and signaling, and the biomolecular interactions. The most unforgettable presentation at the meeting was the closing lecture given by Professor Akihiro Kusumi (Kyoto University) about the organizing principle of the cellular plasma membranes as revealed by single-molecule tracking. I would like to thank ISB, and Oskar Öflund foundation, for supporting my participation in this congress.

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