The Biophysical Society arranges yearly meetings in different places around the United States. In 2011, the meeting took place in Baltimore, Maryland in the beginning of March. This international meeting on biophysics gathers together thousands of scientists all around the world, and offers an excellent environment for scientists to hear about the latest proceedings in biophysical sciences, to share their own research and to meet an overwhelming amount of scientists who show a genuine and deep interest in your work and thoughts.

In the Biophysical Society meeting you could attend lectures on topics as different as bioenergetics, systems biology, cell and tissue mechanics, imaging and statistical mechanics, but all presentations shared the biophysical angle of approach in the research. Sessions about membrane structure and assembly, biological fluorescence, membrane biophysics and membrane structure were of greatest interest for me. During the meeting many different career center workshops for example about networking, creating resumes and using self-reflection as a career tool were also arranged.

The absolute culminations of this meeting were however the poster sessions that were filled with lively discussions, wild ideas, new interactions and loads of good and important feedback. Therefore, I would like to warmly thank ISB, and the Medicinska Understödsföreningen Liv och Hälsa, for the financial support that helped me to participate in this conference.

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