

### 5.3 The Finnish Student Health Service (FSHS)

The Finnish Student Health Service, FSHS, (*Studenternas hälsovårdsstiftelse* SHVS/*Ylioppilaiden terveydenhoitosäätiö* YTHS) offers basic health care services, i.e. general, mental, and oral health services, for students who are members of a Finnish Student Union (i.e. Kåren at Åbo Akademi University (see chapter 2.3)). All services at FSHS, except for dental care, are free of charge.

Appointments are offered with public health nurses, physiotherapists, general practitioners and specialists (for example gynaecologists and dermatologists). The range of services does not include inpatient care, mother and child clinics or out-of-hours/weekend emergency services. Students are entitled to use the services of all 15 FSHS health care centres in Finland.

Note, however, that FSHS services are not available to doctoral students. For further information on how to book an appointment, please see [www.yths.fi/en](http://www.yths.fi/en).

In Åbo, FSHS is located on Kyrkogatan 13, phone: +358 (0) 46 710 1050, [www.yths.fi/en](http://www.yths.fi/en)

In Vasa, FSHS is located on Hovrättsplanaden 15 C, phone: +358 (0)46 710 1097, [www.yths.fi/en](http://www.yths.fi/en)

FSHS is open from Monday to Thursday 8.00-15.00, on Friday 8.00-14.00, and closed on weekends and national holidays. To make an appointment call: +358 (0)46 710 1050 (Åbo) or +358 (0)46 710 1097 (Vasa). In acute cases please call in the morning, between 8.00-9.00. When FSHS is closed contact your own health centre.

When FSHS is closed you can call the emergency service in order to ask advice concerning your need for treatment:

#### Åbo

Tyks, T-hospital, Savitehtaankatu 1  
Phone: +358 (0)2 313 8800

#### Vasa

Vaasa Central Hospital, Sandviksgatan 2-4, Y-building  
Phone: +358 (0)6 213 10 01.

FSHS online cancelling service is available at [www.yths.fi/en/appointments](http://www.yths.fi/en/appointments). This service allows you to check all your appointment times and to cancel general health and oral health appointments if necessary. Use your online banking ID or mobile ID to log on to the system. The penalty fee for no-show appointments (25€) will be charged for any appointments, group sessions and examinations that you do not cancel and do not arrive for, even if the appointment would have been free of charge. You can cancel your appointment by 12.00 noon on the business day before the appointment without having to pay the penalty fee.

### 5.4 Hospitals

In Åbo there are three public hospitals: The Turku University Hospital (*Åbo universitetscentralsjukhus* ÅUCS/*Turun yliopistollinen keskussairaala* TYKS), Turku City Hospital (*Åbo stadssjukhus/Turun kaupunginsairaala*), and Turunmaa Hospital (*Åbolands sjukhus/Turunmaan sairaala*). Some private clinics also provide hospital treatment.

T-Hospital (*T-sjukhuset/T-sairaala*) is the Turku region's accident and emergency (A&E) centre, providing 24/7 specialised medical care and treatment to those who have suddenly fallen ill or sustained an injury. It's located at Keramiksfabriksgränd 1. You can also call the advice centre, +358 (0)2 313 8800.

Vaasa Central Hospital (*Vasa centralsjukhus/Vaasan keskussairaala*), address: Sandviksgatan 2-4, phone +358 (0)6 213 1001, is the district hospital for the municipalities of the Ostrobothnian coastal district. Webpage: [www.vaasankeskussairaala.fi/In\\_English/Frontpage](http://www.vaasankeskussairaala.fi/In_English/Frontpage).

If treatment of an illness or continued examinations requires it, the doctor at the health care centre, occupational health care centre or the private doctor can refer you to hospital care